



sunny delight

Sun worshippers can take a proactive step in repairing the damage that days in the sun have caused with the Citrus Supreme (\$323, 1 hour 55 minutes) at **The Isle de France Spa** at Hotel Saint-Barth Isle de France. The treatment begins with a full-body exfoliation followed by a wrap incorporating Natura Bissé's C+C Ascorbic Acid Concentrate. While the body is busy absorbing nutrients from the wrap, the face is exfoliated and then treated with the C+C Ascorbic Facial Mask and a face-sculpting massage with C+C Vitamin Cream. The treatment concludes with an application of C+C Vitamin Body Cream. "The Natura Bissé Citrus Supreme is the perfect treatment for anyone, but especially for those who spend a lot of time in the sun," says spa manager Stephanie Verrier. "It stimulates the skin and can diminish signs of aging, such as age spots and freckles. Citrus, of course, is an antioxidant filled with vitamin C and E, as well as a natural exfoliant. For those tanning during their time at Isle de France, this is a great one to stop in and receive as a refresher before heading home." For Natura Bissé products: www.naturabisse.com.—H.M.

■ Homme Renovation ■

Tackling guy-related concerns, the Y-Chromosome Facial (\$170, 80 minutes) at **Face to Face NYC** is ideal for skin suffering from ingrown hairs, razor burn, and clogged pores from a general lack of maintenance. For a squeaky clean feeling, the skin is treated with Decléor Paris's Milky Cleanser, followed by an oxygenating mask and face cream with hydrogen peroxide from Aura Research. An application of Decléor Paris's Aroma Balm with chamomile and geranium is then applied along with its Hydra Floral Anti-Pollution Moisturising Mask for an extra boost of hydration. "The Y Chromosome is our deepest pore-cleansing facial for guys, who under normal circumstances produce more oil and collect more debris," says founder and lead esthetician Enrique Ramirez. "The treatment includes a quick microdermabrasion sweep to smooth bumps or break-outs caused by the constant daily shaving regimen." For Aura Research products: www.auraresearch.com. For Decléor Paris products: www.decleor.com.—H.M.



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