

kenneth in the (212)

"There goes the electronic neighborhood." - M. Noonan

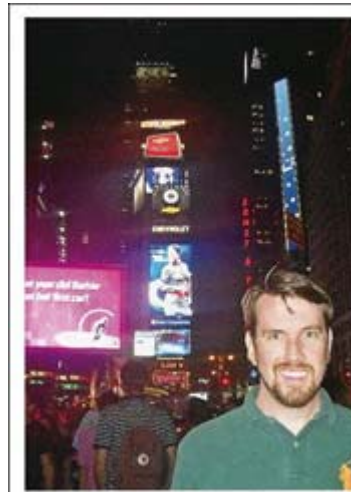
THURSDAY, AUGUST 27, 2009

Almost Paradise



I have to admit, when I was first approached to do a review of a spa here in the city I didn't respond to the offer. While most people would jump at the chance for some free pampering, I'm more than a bit squeamish when it comes to physical contact. ("Um, I know we're f**king, but could please try

ABOUT KENNETH M. WALSH



Writer/editor living in Manhatt (so you don't have to). My blog covers pop culture, politics, celebrity, music, tennis, New York City, homos, small adventure and is filled with writethrus galore ...

CONTRIBUTORS

[Kenneth Walsh](#)



From there everything is a blur. Enrique is a consummate pro who knows how to hit all the right spots -- over and over again. It wasn't until it was done that he explained that I'd just gotten an Ultimate Massage (I'll say -- talk about truth in advertising), a 70-minute pleasure trip that's billed as "the best treatment for athletes or weekend warriors. The deep tissue massage is excellent for stubborn knots or tangled muscles. Will Leave you feeling revitalized and ready to face the next challenge." It felt so good, in fact, that when he periodically checked in with me to see if I was "doing OK," I was *this close* to not wanting to turn around and reply back to him, "I'm great. But are *you* OK with my gross blistered feet and bruised toe nails?" I know people in this business are professionals, but I just wish I could stop being self-conscious long enough to fully enjoy their talents. Enrique gets my full endorsement. And I'm thinking with a return visit I may finally be ready to completely let myself go.



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POSTED BY KENNETH WALSH AT 3:00 AM



NY Day Spa 1 hr massage

\$89 /per

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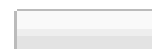
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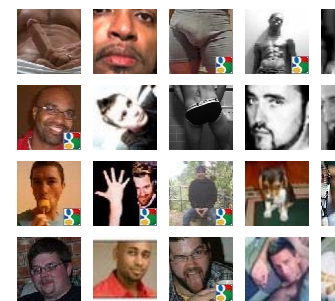
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2 COMMENTS:

Sean said...

I had my first massage back in January. I'd always been squeamish about getting touched, too. My massage therapist is great, though, and he put me at ease in the first few minutes. Now I go in every three weeks. It has been a wonderful change for me. (I've still never had a mani/pedi, though! Maybe some day...)

11:04 AM

Travis said...

I am always squeamish especially if a guy is doing it. I tend to prefer a woman, that is about the only time I would say that LOL. I know they are professionals but when I went to Nickel in San Fran and the guy is basically spreading my legs eagle I mean it is hard to relax LOL.

7:26 PM

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