



in touch

tantalizing spa treatments

the autumn rub

With the sultry season fading fast, guests at **Face to Face NYC** (New York City) can enjoy The Autumn Rub (\$140, 75 minutes), which helps undo damage caused by summer's sun and surf. The treatment begins with the guest lying on a Mylar sheet that is covered with freshly cut apple peels. According to owner Enrique Ramirez, the apple peels have a natural exfoliating enzyme that softens the skin. The guest is then treated to a Swedish massage using a warm, hydrating balm from Decléor, which features chamomile, frankincense, and rose essential oils. For Decléor products: (888) 414-4471; www.decleor.com.—*Heather Mikesell*