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Microdermabrasion For Your (Not So) Private Parts: How To Be Bikini Suave

By [Sierra Fromberg](#)

Our absolute favorite part of facials is when they do what we lovingly refer to as “dead skin annihilation” (i.e. microdermabrasion). We live for the feeling of getting rid of that layer of dead, dull, dry skin we all have. You know, the one that’s made up of vodka and vino, smog and smoke, and the dirt and grime from those nights when you simply cannot bring yourself to wash the day off (note to readers: never stay out so late that you “simply cannot bring yourself to wash the day off.”) So, when we heard about Face to Face’s *Bikini Suave Microdermabrasion* we knew this was something the resident I’ll-try-anything-once gal simply had to check out – if for no other reason than the fact that whenever I hear that word “suave” I cannot help but think of that deliciously decadent 90’s Latino singer whose one hit wonder, “Rico Suave,” still makes me swoon for a bare-chested man with long, crunchy, curly locks, acid wash jeans and a Versace-esque bandana.

But I digress...

The *Bikini Suave* (\$65) at [Face to Face](#) is described as a “quick microdermabrasion pass to keep ingrown hairs at bay.” Ingrown hairs? On your face? No, silly! This microdermabrasion treatment is for your nether regions. Why, you ask? Well, according to Enrique, proprietor of Face to Face and bikini suave extraordinaire, when you wax, the skin down there is extra sensitive, increasing the likelihood of those nasty little ingrowns appearing at the party in your pants. So, simply follow your wax (Brazilian or of any other nation) with a quick pass of microdermabrasion and, voila, those stubborn suckers are goin’ bye-bye.

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Now, some of you may be on the more wary side when it comes to having a fella all up in your south of the border. I *definitely* was. Up until I dropped trow’, I was pretty sure Enrique was just the adorably polite man taking me to my treatment room. Duh – I should have known better (I mean he *was* dressed in standard spa all whites). And, yes, I had a moment of sheer panic when I realized there I was, naked from the waist down, with someone other than my dude or gynecologist. But Enrique, with his amazingly gentle touch and sweet personality, made the entire experience not only painless, but somehow liberating as well!

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After offering me a complimentary sampling of Face to Face’s special wax, which is imported from Australia, and made with essential oils to lessen the irritation we’ve all has the pleasure of experiencing, Enrique got down to business. The *Bikini Suave* was super gentle and I barely felt a thing. If anything, it was like someone taking the worlds tiniest Dyson and simply smoothing out the area. When he was finished vacuuming, I examined the field. Unlike some bikini wax scenarios where your lady parts look like a war zone, after this, mine felt ever so smooth and soft.

So in this case, the I’ll-try-anything-once experience was not only the *Bikini Suave*, which was an interesting experience in and of itself, but also a lesson in

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overcoming any reservations I may have had about being comfortable enough with a man other than my fella to be so up close and personal with my privates – as long as he’s not straight (wink wink).

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