



05.15.07

today in miami:  
beauty picks.

## beauty picks.

- dining
- beauty
- nightlife
- fashion
- design
- spirit
- art
- interest
- monthly picks
- best of
- this week's steals
- my settings

fresh, ripe, healthy, with hair in all the right places. it's the new you, and just in time for summer.



the strand.  
the **kérathermie** treatment at **butterfly studio** claims to be "cosmetic surgery for your strands." it sounds foreign and it's expensive, so let's hope it works. \$150. 149 fifth

avenue. between 21st and 22nd. 212.253.2100.  
[www.butterflystudiosalon.com](http://www.butterflystudiosalon.com)



east side.  
the **urban zen** initiative, founded by donna karan, is an attempt to merge eastern and western medical practices. join experts and celebrities to promote change

and learn about alternative medicine at the **well-being forum**. stephan weiss studio. may 14-24.  
[www.urbanzen.org](http://www.urbanzen.org)



**lips like sugar**.  
treat your bikini region better with the **sugaring** treatment from **face to face salon**. no, it's not foreplay, it's a gentler alternative to waxing. 201 west 20th street suite 603.

between fifth and sixth avenue. 212.633.0404.  
[www.facetofacenyc.com](http://www.facetofacenyc.com)



don't wig out.  
find enough hair on your brush to make britney a wig? **MORE** advanced hair kit by **frederic fekkai** promises denser, fuller hair by promoting a healthier



scalp and follicles. \$100. [www.sephora.com](http://www.sephora.com)



crystal method.  
the **tourmaline hair dryer** by **itech** uses crystals from a semi-precious gem to "create negative ions and far infrared heat." what the hell does that mean? sixty percent faster

drying time. now you're talking. \$200.

[www.itechproducts.com](http://www.itechproducts.com)



pucker up.  
**sara happ** created the **lip scrub** in her kitchen and now she sells it to the likes of kate moss and charlize theron. why didn't you think of that? \$20.  
[www.thelipscrub.com](http://www.thelipscrub.com)



new york sooty.  
city life is bad for your complexion. literally. the **urban active complex** in **sampar's skin quenching mist** defends your skin against air pollution.  
because

automotive exhaust doesn't belong in your pores.  
\$39. [www.samparusa.com](http://www.samparusa.com)



get fresh.  
the **fresh face skincare starter kits** from **lush**, complete with cleanser, toner, and moisturizer, make it easy for you to make the switch to fresh, handmade cosmetics.

available for a limited time. \$19.95. [usa.lush.com](http://usa.lush.com)



**sun spot.**  
the **sun shield treatment** from **oidod** salon uses amino acids, proteins and sulfur to seal and protect your tresses from the sun's stresses. it may be costly for a shampoo, but it

will probably last longer than your tan (four to six weeks). \$125. 20 percent off in may. 37 west 57th street, fourth floor. between fifth and sixth avenue.

212.888.3288. [www.oidad.com](http://www.oidad.com)



fruit face.  
the **sothys**  
**spring/summer seasonal**  
**facial** uses melon pulp  
extract and ground mint  
leaves to cleanse,  
exfoliate, and leave you  
feeling fresh and ripe for  
the picking. \$99.

*37 west 57th street. between fifth and sixth avenue.*  
212.688.9400. [www.sothyspa.com](http://www.sothyspa.com)

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