



the beauty maven

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All Beauty... Almost All the Time.

Boot Camp Facial @ face to face nyc

I love my boot camp cardio class and I love facials, which is probably why this particular treatment caught my eye. While wandering around in New York City's Flatiron district I came across this spa called **face to face nyc**.



They have a great menu of **skin care treatments**, including microdermabrasion, peels, masks and more, but the one I'm most interested in is the **Boot Camp Facial**.

It's an hour and ten minute facial treatment that deep cleanses the pores to reduce oil and breakouts. The treatment also includes exfoliation, extractions and a mask all for \$100. Living in the city is harsh on my skin and this is the ultimate strategy to combat my skin pollution woes. I can't wait to try it out, and when I do, I'll be back stat to give you all the 411.

Other places that offer a similar treatment are **Haven Spa** in Soho and **Euphoria Spa NYC** in Tribeca. Not in the New York area? Check out **SpaFinder.com** to locate a spa in your area that performs deep cleansing facials.

Posted by The Beauty Maven at **10:43 AM**

Labels: **Skin Care**

1 comments:

