

Mommy Delicious



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ALICIA@ MOMMY DELICIOUS
NEW YORK, NY, UNITED STATES

20something NYC

single mommy; recent graduate of Columbia University with an M.A. and Ed.M; psychological counseling guru-in-training; fashionista @ heart; lover of all things pink... and purple; perfect combo of sweet, chic, and edgy!

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embracing all of the fears and fabulousness of being a young single mother.

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Thursday, September 15, 2011

NYFW: Spa Week and Fashion Indie Team Up for the Ultimate Beauty Break Room

Because NY Fashion Week is such a crazy busy time for crazy stylish fashionistas, [Spa Week](#) and Fashion Indie (one of my go-to online fashion sites) were gracious enough to team up and host a pretty sweet event.



Filled with complimentary cocktails, facials, gel manicures, and massages, the [Fashion Indie](#) loft that overlooks Madison Square Garden was transformed into the ultimate Beauty Break Room, and it was THE place to rest and rejuvenate on Day 5 of NY Fashion Week. And since it was also Aiden's first day of Pre-Kindergarten (more on that later) and I was totally stressing about it all weekend long, a little mommy pampering was definitely in order. Needless to say, I was beyond happy to be there.

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After downing a cocktail (or three! But really, who's counting?) and discussing all things NY Fashion Week, it was time for my pampering sessions. The gel manicures were provided by [Spa Martier](#) and the rule was "anything goes." From sparkles to donuts to sail boats, these ladies, with their bad ass skills, left you with nails fit to make a bold fashion statement. Unfortunately, I'm not that bold. Instead, I settled for pink and prissy and delicious -- Chanel nail polish (#539) and a one-finger design.



The facials and massages were provided by [Face to Face NYC Spa](#) and it felt like a little piece of heaven. As soon as I sat down for my massage, my new BFF, [@EnriqueSkinCare](#) told me, "your shoulders are so tight." Thank you, Motherhood.

(And thanks to Spa Week and Fashion Indie for hosting such a lovely event with a gift bag make-up junkies would kill for.)



Luckily, the sweetness didn't end with this event. This week is also the launch of the [SPA WEEK FALL 2011 DIRECTORY](#) on [SpaWeek.com](#)! You can begin booking your \$50 treatments for Spa Week, which will be October 10th -- 16th. Spa Week's mission is to make the spa lifestyle accessible to ALL, and this Fall, 800 spas and wellness centers in the US

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Thanks to Spa Week and FashionIndie.com for hosting such a great event on Day Five of NY Fashion Week. Now the question is, what \$50 treatment are YOU booking for Spa Week?



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Angie Oluwunmi

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are participating and offering 2-3 of their top spa services! Massages, manicures, facials, acupuncture, fitness class packages, eyelash extensions, Botox... take your pick!

It's advised to book earlier than later so that you can get your preferred treatment and time slot. What treatment are you booking?

{Disclosure: I am apart of the Hot Mom Spa Squad in order to bring you all things related to SPA WEEK. All opinions expressed herein are my own.}

Alicia

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6 COMMENTS:

YUMMommy said...



The nails are super cute!

SEPTEMBER 15, 2011 12:57 PM

Ma What's 4 dinner said...



Dear lord! I want to join the hot mom spa squad!!! Sounds awesome. And could those nails be any cuter????

Lots of yummy love,
Alex aka Ma What's For Dinner
www.mawhats4dinner.com

SEPTEMBER 15, 2011 2:18 PM

Miss Esspi said...



You have the funnest weekends, I'm jealous. All the fun things happen in NY , SMH :(

SEPTEMBER 15, 2011 4:55 PM

Sunshine said...

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This is why I miss NY, it is always so much to do. *sigh...looks like you had a ball. Enjoy hun..

www.cancerinthecity.com

SEPTEMBER 15, 2011 9:10 PM

tiffanycr said...



AHHHH! Super jealous! Would love to enjoy s cocktail and get get the nails did!! Glad you had fun!! SOO SAD I missed you at the SJP Screening Event yesterday! Next time 4 sure!

xoxo

SEPTEMBER 15, 2011 9:48 PM

Yakini @ThePrissyMommy said...



You look so pretty, and this sounds soooo relaxing and perfect! Wish I was there!!! FUN!!!

SEPTEMBER 16, 2011 12:49 AM

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