

Seeking...

Spa Week specials

The economy is down and stress is up, so this week we picked a selection of \$50 treatments that will help you relax, unwind and calm down. For a full list of participating spas, visit spaweek.com. Mon 13–Apr 19.

Antoinette Boudoir Spa Get pampered in royal fashion at this swanky spa that resembles a Victorian boudoir. Its discounted treatments include a Green Seaweed Slimming Twist Half Body Wrap (regularly \$80) and a Regeneration Glycolic Peel Facial with extra moisturizing paraffin facial mask (usually \$145). Or go with the perfect pairing to prepare for bathing suit weather: a Body Scrub with Vichy Shower followed by Sunless Airbrush Tanning (typically \$130). 11 W 46th St at Fifth Ave (212-938-1099). Subway: B, D, F, V to 47–50th Sts–Rockefeller Ctr.

Body by Brooklyn Enjoy a massage and a martini at this elegant street-level loft space. Relax with hotel-like amenities including private suites, concierge service, a restaurant, cocktail bar and more. Choose a 45-minute Swedish massage (originally \$95 for an hour) or a 45-minute calming facial (normally \$110 for an hour). 275 Park Ave at Washington Ave, Clinton Hill, Brooklyn (718-923-9400, bodybybrooklyn.com). Subway: G to Clinton–Washington Aves.

Face to Face NYC This Chelsea spa is known for its racy anal bleaching, but don't let that scare you away. It also offers luxe services more appropriate for dinner-table discussion. Try one of these eco-friendly treatments, created specially for Spa Week: an Atmosphere Facial, Sexy Mother Nature Body Scrub and Global Warming Meltdown Rub. Face to Face Spa, 20 W 20th St between Fifth and Sixth Aves, suite 603 (212-633-0404, facetofacenyc.com). Subway: N, R, W to 23rd St.

Faina European Day Spa Faina European Day Spa is one of TONY's favorite escapes. For something a little out of the ordinary, opt for the European Purifying Facial with Papaya and Pineapple Enzyme Treatment (usually \$135), or the Seaweed Mud Paraffin Facial (normally \$135). Or stick with the tried and true European Body Massage (originally \$80). 315 W 57th St between Eighth and Ninth Aves, suite 402 (212-245-6557). Subway: A, C, B, D, 1 to 59th St–Columbus Circle. Mon–Fri 10am–8pm; Sat 9am–7pm; Sun 10am–6pm.

Fresh Espace Running low on beauty products? Choose any of the following specials and pick out \$50 worth of Fresh products to take home. Put your best face forward with a 60-minute Balance and Nourish face treatment, 60-minute Purify

and Control face treatment or a 60-minute Age-Defy or For Men Face treatment (all originally \$125). 57 Spring St at Lafayette St (212-925-0099). Subway: N, R, W to Prince St; 6 to Spring St.

Great Jones Spa Based on the theory that water brings health, this Noho mainstay is outfitted with a popular water lounge that boasts subterranean pools, saunas and steam rooms (five hours of access usually costs \$50). Unwind with a spa manicure and pedicure (originally \$110), or tidy up unwanted hair with a Brazilian wax (normally \$110) or eyebrow and lip wax (usually \$95), all of which include a free pass to the water lounge. 29 Great Jones St at Lafayette St (212-505-3185). Subway: 6 to Astor Pl.



Haven Spa Undo the damage of late nights, computer time and exposure to the elements with the For Eyes Only Facial (normally \$75); soothe tired tootsies with a foot facial and free manicure with the Haven Foot Renaissance (usually \$80); or remove unwanted follicles with a full leg and Brazilian wax (originally \$79). 150 Mercer St between Houston and Prince Sts (212-343-3515, havensoho.com). Subway: B, D, F, V to Broadway–Lafayette St; 6 to Bleecker St. Mon–Wed, Fri 11am–7pm; Thu 11am–9pm; Sat 10am–6pm.

Homme Spa You'll feel right at home at this full-service spa geared to men and women. Cool off with a 45-minute Homme Signature Hot Towel Massage (normally \$150 for 90 minutes), which uses various techniques and 16 hot towels on your body to work out kinks. Or choose a 50-minute spa manicure and pedicure with a hand- and foot-smoothing anticallus paraffin treatment (originally \$130). 465 Lexington Ave between 45th and 46th Sts (212-983-0033, hommespa.com). Subway: 4, 5, 6 to 42nd St–Grand Central.

Nina's European Day Spa This peaceful spa is offering these discounted hour-long treatments: a hot-stone massage, a microdermabrasion facial, Go Green Free Radical facial or Organic Stress Release massage. Certainly more relaxing than an episode of *The Real Housewives of New York City*. 5 W 35th St between Fifth and Sixth Aves (212-594-9610, ninasskincare.com). Subway: B, D, F, V, N, Q, R, W to 34th St–Herald Sq.

Yelo If you're tempted to nap under your desk, avoid awkward stares from coworkers and head to Yelo, a unique wellness center that offers sleep, reflexology treatments, massages and facials. Yelo promises to help you relax, increase alertness and promote overall well-being. Available treatments include 30 minutes of reflexology and a 20-minute YeloNap (normally \$95), and a 30-minute Foot Detox and 15-minute reflexology treatment (usually \$90). 315 W 57th St between Eighth and Ninth Aves (212-245-8235). Subway: A, C, B, D, 1 to 59th St–Columbus Circle.

—Listings compiled by Rachel Le Winter

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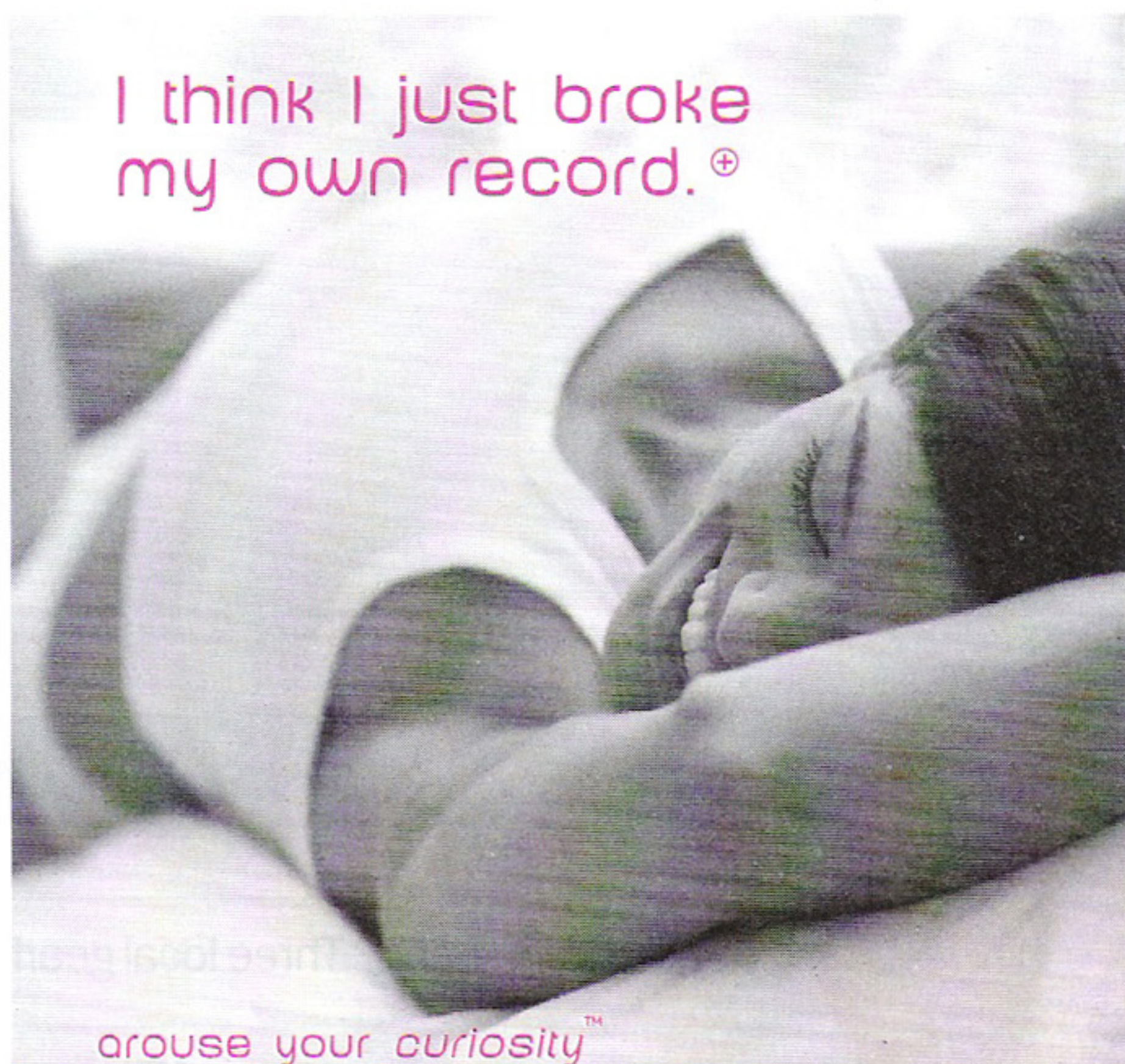
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